

Office safety



safetyworld.com/

Many hazards exist in the office space which cause thousands of injuries and health problems each year among office workers.

Keep drawers closed

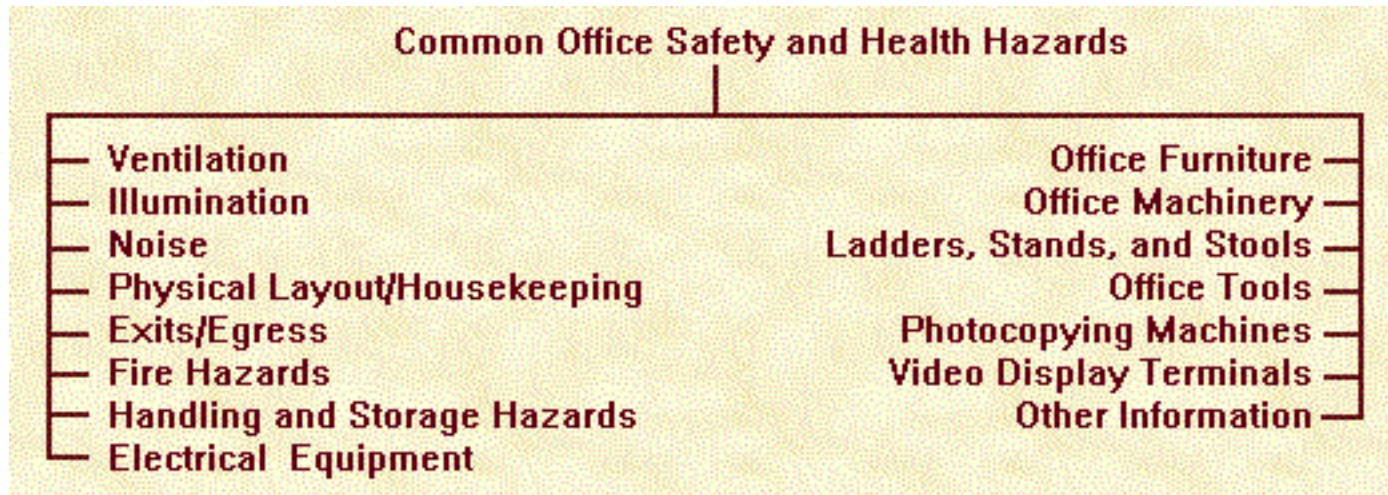


Avoid office injuries

Office safety

The obvious : slippery floor or an open file drawer,

Less obvious : poor lighting, noise, poorly designed furniture and equipment, and machines which emit noxious gases and fumes.



<http://www.labtrain.noaa.gov/>

Posture at the desk



Push your hips as far back as they can go in the chair.

Sit close to your keyboard and position it so that it is directly in front of your body